

A man and a woman are seen from behind, standing on a hill and looking out over a vast landscape at sunset. Both have their arms raised in a gesture of triumph or joy. The man on the left is wearing a green jacket and blue jeans, with a backpack. The woman on the right is wearing a red and grey backpack and a long-sleeved shirt. The sun is low on the horizon, creating a warm, golden glow across the sky and landscape.

DICTUS®

— The Dictus Band —



The Dictus Band helps thousands of people limited by weak muscles and the inability to lift their foot and/or leg sufficiently to rediscover an active lifestyle.

The magic is a silicone rubber band that supports and eases the lifting of the foot or leg in the gait cycle.

In this brochure you will find different Dictus models that each have great features to provide the lifting support needed.

The Dictus Family:

- Gives the user confidence and freedom by reducing the risk of stumbling and falling.
- Helps lift the foot, support balance, and promote a more natural gait.
- Is made from soft and durable leather.
- Has silicone rubber bands supporting the dorsiflexion and lifting.
- Is a discreet aid that is suitable for use with most types of shoes and sandals, as well as making it possible to use indoors without shoes.
- Can be worn over ordinary, or under loose clothing.
- Has models available for both adults and children.
- Is universal – can be used on both sides.
- Updated: **Now Free from Latex.**

Find more information about Dictus at **www.erimed.se** or through your local distributor, or explore our YouTube channel *erimedinternational* for videos and tips.

All Dictus products and accessories are CE marked and comply with the applicable requirements of the EU Medical Device Regulation (MDR) 2017/745.



User Indications for Dictus

The table below provides a clear overview of which Dictus assistive devices we recommend based on the level of function in hip flexion (upper x-axis) and dorsiflexion (y-axis).

Dictus Flex is particularly suitable for users with reduced hand function and can therefore be recommended for users who have limited hand strength.

Dictus Hip-Knee and Flex/Original can be used when, for example, a knee orthosis interferes with the use of the standard configuration.

Please note that this is our recommendation only. Use the product best suited for the patient, based on your clinical evaluation and judgement.

Hip Flexion → Dorsi-flexion ↓	0	1	2	3	4	5
0	Hip-Foot	Hip-Foot	Hip-Foot	Hip-Knee + Original	Original	Original
1	Hip-Foot	Hip-Foot	Hip-Foot	Hip-Knee + Original	Original	Original
2	Hip-Foot	Hip-Foot	Hip-Foot	Hip-Knee + Original	Original	Original
3	Hip-Knee + Flex	Hip-Knee + Flex	Hip-Knee + Flex	Hip-Knee + Flex	Flex	Flex
4	Hip-Knee + Flex	Hip-Knee + Flex	Hip-Knee + Flex	Hip-Knee + Flex	Flex	Flex
5	Hip-Knee	Hip-Knee	Hip-Knee	Hip-Knee	No need for Dictus	No need for Dictus

Product update 2026

At Erimed, we are constantly striving to improve our products. We have therefore launched an improved version of our popular Dictus bands. They offer the same effective function as before but are made from a completely latex-free material, making Dictus even more distinctive in the market.

No allergens

Other similar products on the market use elastic bands containing latex. Latex naturally contains three different allergens; two of these can be removed, but a latex-based product can never be made completely allergen-free.

Several studies show how latex negatively affects both patients and orthopaedic engineers, leading to allergies and even anaphylaxis. See studies on our website: www.erimed.se.

The same effective function

The new silicone rubber bands maintain the same effective function as before. As the material is new, the appearance differs slightly. The silicone rubber bands may feel somewhat narrower and stiffer than before.

The silicone rubber bands have been thoroughly tested by both patients and orthopaedic engineers, who have played a key role in the development process. This ensures that the product is not only free from allergens but also continues to deliver optimal performance.



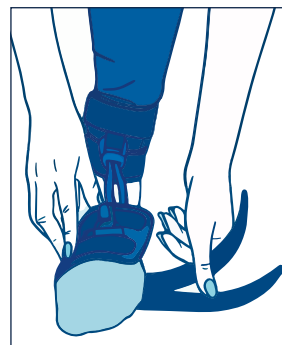
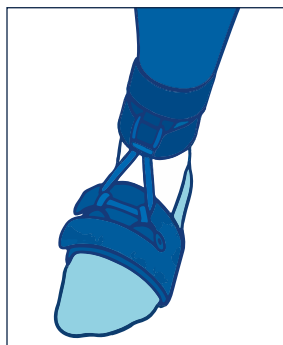
Dictus Indoor



Many Dictus users prefer not to wear shoes indoors. For these users, Dictus Indoor is the ideal solution. This separate indoor device is designed to be used in combination with Dictus Original or Dictus Flex and is also included as a standard component of the Dictus Hip-Foot. It is also well suited for use with sandals and open shoes.

Dictus Indoor consists of a soft, durable leather forefoot cuff equipped with two plastic hooks. The cuff is fitted around the forefoot and connected to a silicone rubber band and ankle component to provide effective foot-lift assistance during walking.

For more information about the ankle component, please see the Dictus Original and Dictus Flex product descriptions.



Art.no	Item ref	Description	Unit	Other information
530300-011	DS-03R	Dictus Indoor Right	ea	Adult right
530300-111	DS-03L	Dictus Indoor Left	ea	Adult left
530300-000	DS-03J	Dictus Indoor Junior	ea	Children, left/right



Dictus Original

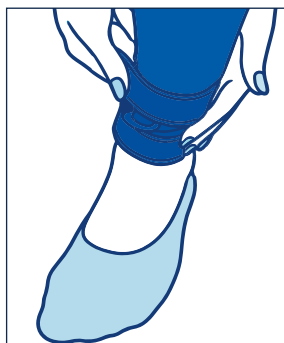


Dictus Original is a fantastic foot drop device that has been on the market for over 20 years, providing help to thousands of people having weakened foot flexion caused either by injury or a disease.

Dictus Original consists of a soft leather band that is attached to the ankle by velcro straps. Onto the ankle band, a silicone rubber band is attached, which connects to hooks on the shoe. You can choose either the monohook or two steel hooks.

You can also use Dictus Original with an indoor device described on page 5. For additional lift assistance, shorter silicone rubber bands are available.

With the Dictus Original set comes duplicate silicone rubber bands and two sets of steel hooks to ensure long-term use of the device. If you would like to cover the Dictus Band, this can easily be done with a Cover Sock.



Dictus Original – available parts

All parts included in a Dictus Original set:



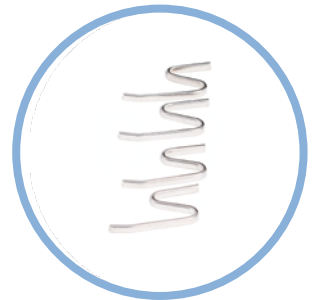
Original Leather ankle band



Monohook with plastic base



Silicone rubber bands x 2



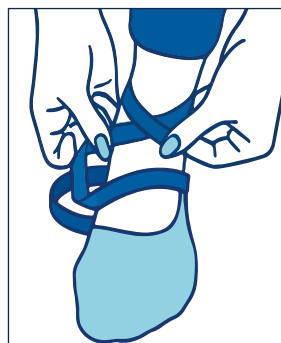
S-hooks Steel x 4

Article description of all components available for Dictus Original:

Art.no	Item ref	Description	Unit	Other information
530200-000	DS-02J	Dictus Original Junior	1 set	Ankle circ.: 12-17 cm
530200-011	DS-02M	Dictus Original Medium	1 set	Ankle circ.: 15-22 cm
530200-021	DS-02L	Dictus Original Large	1 set	Ankle circ.: 20-27 cm
530200-031	DS-02XL	Dictus Original X-large	1 set	Ankle circ.: >26 cm
Spare parts/accessories				
532100-042		Silicone rubber band std length	2-pack	18 cm
532100-043		Silicone rubber band short length	2-pack	16,5 cm
532100-004		S-hooks Steel	4-pack	Universal
530100-002		Monohook w plastic base	ea	Universal
530100-001		Plastic hooks	Pair	Universal
530100-500		Dictus Cover Sock, Beige	ea	Universal



Dictus Cover Sock



Measuring ankle circ.



Dictus Flex



Dictus Flex is a development based on Dictus Original. It is a fantastic foot drop device, providing help to thousands of people having weakened foot flexion caused either by injury or a disease.

Dictus Flex consists of a soft leather band that is attached to the ankle by velcro straps. The outer fabric of Dictus Flex makes it possible to fasten velcro pads with an attached silicone rubber band. The silicone rubber band is pulled through a central D-ring, and then attached to hooks on the shoe. You can choose either the monohook or two steel hooks.

You can also use Dictus Flex with an indoor device described on page 5.

The lifting power can easily be adjusted by pulling and changing the velcro pads on the ankle band.

With the Dictus Flex set comes one silicone rubber band and two sets of steel hooks to ensure long-term use of the device. If you would like to cover the Dictus Band, this can easily be done with a Cover Sock.

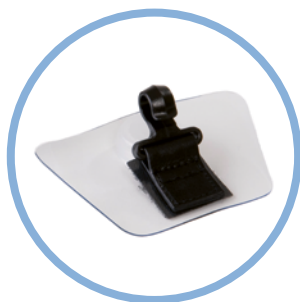


Dictus Flex – available parts

All parts included in a Dictus Flex set:



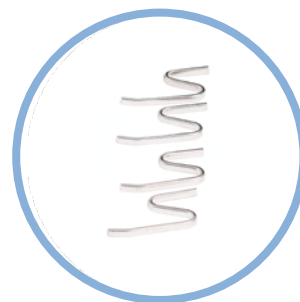
Flex Leather band



Monohook with plastic base



Flex Silicone Rubber band



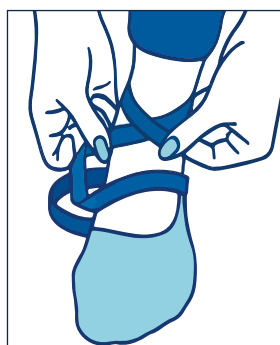
S-hooks Steel x 4

Article description of all components available for Dictus Flex:

Art.no	Item ref	Description	Unit	Other information
530400-000	DS-04J	Dictus Flex Junior	1 set	Ankle circ.: 12-17 cm
530400-011	DS-04M	Dictus Flex Medium	1 set	Ankle circ.: 15-22 cm
530400-021	DS-04L	Dictus Flex Large	1 set	Ankle circ.: 20-27 cm
530400-031	DS-04XL	Dictus Flex X-large	1 set	Ankle circ.: >26 cm
Spare parts/accessories				
530100-400		Flex Silicone rubber band for Junior/Medium	ea	35 cm
530100-440		Flex Silicone rubber band for Large/X-large	ea	40 cm
532100-004		S-hooks Steel	4-pack	Universal
530100-002		Monohook w plastic base	ea	Universal
530100-001		Plastic hooks	Pair	Universal
530100-500		Dictus Cover Sock, Beige	ea	Universal



Dictus Cover Sock



Measuring ankle circ.



Dictus Hip-Knee



- Dictus Hip-Knee is an orthopaedic aid to support users with weakness in the hip flexor and upper leg muscles caused by a disease or trauma.
- It helps hip flexion and lifting of the upper leg, giving power to the leg, as well as a better gait and movement control.
- It fits both sides (universal) and with the smart belt hooks you have the possibility of a flexible placement of the silicone rubber band supporting different lifting directions as needed.

Dictus Hip-Knee is available in two sizes, accommodating waist measurements from 55 to 130 cm and making it suitable for a wide range of individuals.

A standard size silicone rubber band is included in the package. However, a shorter silicone rubber band is also available as a spare.

For individuals with large or swollen thighs there is also a spare x-large thigh band available.

To support users where the hip belt is falling down under the belly, or users who need additional support for abdomen and lower back, there is a spare suspender available.

Dictus Hip-Knee – available parts

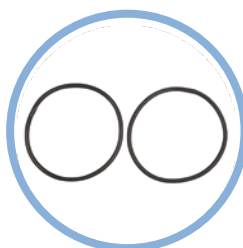
All parts included in a Dictus Hip-Knee set:



Hip belt



Thigh piece



Silicone Rubber band
x 2 (50 cm)

Article description of all components available for Dictus Hip-Knee:

Art.no	Item ref	Description	Unit	Other information
530500-011	DS-50M	Dictus Hip-Knee Complete Medium	1 set	Waist measurement: 55-80 cm Thigh measurement: 30-40 cm (10 cm above the patella)
530500-021	DS-50L	Dictus Hip-Knee Complete Large	1 set	Waist measurement: 80-130 cm Thigh measurement: 40-50 cm (10 cm above the patella)
Spare parts/accessories				
530510-011	DS-51M	Hip belt Medium	ea	Waist measurement: 55-80 cm
530510-021	DS-51L	Hip belt Large	ea	Waist measurement: 80-130 cm
530520-011	DS-52M	Thigh piece Medium	ea	Thigh measurement: 30-40 cm (10 cm above the patella)
530520-021	DS-52L	Thigh piece Large	ea	Thigh measurement: 40-50 cm (10 cm above the patella)
530520-031	DS-52XL	Thigh piece X-large	ea	Thigh measurement: >50 cm (10 cm above the patella)
530530-000		Dictus Hip Suspenders	ea	Universal
532100-040		Silicone Rubber band Hip-Knee, 40 cm	ea	40 cm
532100-050		Silicone Rubber band Hip-Knee, 50 cm	ea	50 cm
530100-001		Plastic hooks	Pair	Universal



Dictus Hip Suspenders. For
more information, see page 14.



Dictus Hip-Foot



- Dictus Hip-Foot is an orthopaedic aid to support users with weakness in the leg and foot caused by a disease or trauma.
- It helps hip flexion and lifting of the upper leg as well as the foot. It gives power to the leg and foot in the swing phase of the step, giving the user a better gait and balance.
- It fits both sides (universal) and with the smart belt hooks you have the possibility of a flexible placement of the silicone rubber band supporting different lifting directions as needed.
- The Dictus Hip-Foot can be used with hooks in the shoes, or with the Dictus Indoor device included in the set.

Dictus Hip-Foot is available in two sizes, accommodating waist measurements from 55 to 130 cm and making it suitable for a wide range of individuals.

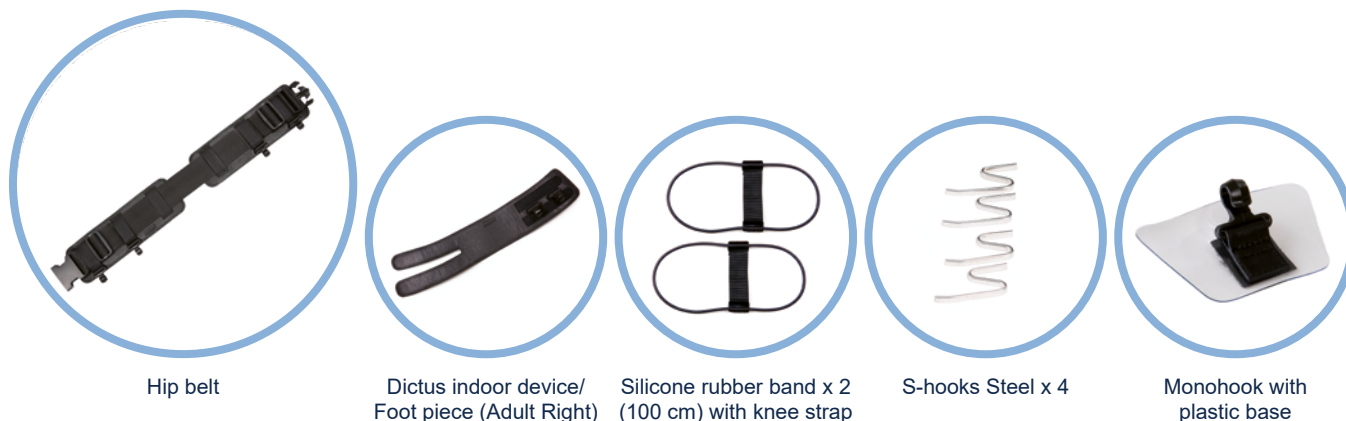
A standard size silicone rubber band is included in the package. However, there are also other lengths available as spare.

To support users where the hip belt is falling down under the belly, or users who need additional support for abdomen and lower back, there is a spare suspender available.

There is also a spare Knee Cap available if extra stability of the silicone rubber band is needed.

Dictus Hip-Foot – available parts

All parts included in a Dictus Hip-Foot set:



Article description of all components available for Dictus Hip-Foot:

Art.no	Item ref	Description	Unit	Other information
530500-311	DS-53M	Dictus Hip-Foot Complete Medium	1 set	Waist measurement: 55-80 cm
530500-321	DS-53L	Dictus Hip-Foot Complete Large	1 set	Waist measurement: 80-130 cm
Spare parts/accessories				
530510-011	DS-51M	Hip belt Medium	ea	Waist measurement: 55-80 cm
530510-021	DS-51L	Hip belt Large	ea	Waist measurement: 80-130 cm
530300-011	DS-03R	Dictus Indoor Right/ Foot piece	ea	Adult Right
530300-111	DS-03L	Dictus Indoor Left/ Foot piece	ea	Adult Left
530530-000		Dictus Hip Suspenders	ea	Universal
530530-001		Dictus Knee Cap for Hip-Foot	ea	Universal
532100-080		Silicone Rubber band Hip-Foot (without knee strap) 80 cm	ea	Approximate user height: <160 cm
532100-100		Silicone Rubber band Hip-Foot (without knee strap) 100 cm	ea	Approximate user height: 160-183 cm
532100-120		Silicone Rubber band Hip-Foot (without knee strap) 120 cm	ea	Approximate user height: >183 cm
532100-121		Dictus Hip-Foot Knee strap	ea	Universal
532100-004		S-hooks Steel	4-pack	Universal
530100-002		Monohook with plastic base	ea	Universal
530100-001		Plastic hooks	Pair	Universal



Knee Cap. For more
information, see page 14.

Dictus Hip Accessories



The suspenders for Dictus Hip-Knee and Hip-Foot are essential accessories for optimal performance and user comfort. They provide additional support and offer several key benefits: a one-size-fits-all design with easy adjustability, simple application and use, reduced strain on the lower back, enhanced trunk support, improved positioning of the Dictus Hip waist belt, and more even distribution of pressure across the body.

Art.no	Description
530530-000	Dictus Hip Suspenders



A knee cap is available to provide additional support for Dictus Hip-Foot. It prevents the elastic band from moving over the knee and enhances the **3-point force system**, a biomechanical principle in which three forces work together to correct, stabilize, and offload a misalignment.

Art.no	Description
530530-001	Dictus Knee Cap





The Dictus Band helps thousands of people limited by weak muscles and the inability to lift their foot and/or leg sufficiently to rediscover an active lifestyle.

Find more information about Dictus at www.erimed.se, or through your local distributor. For studies, please see www.erimed.se/studier.

On our YouTube channel, *erimedinternational*, you will also find more information about the Dictus family. Learn more about how to use the products, tips and tricks, and see the difference that Dictus makes for users.

Learn more about the Dictus Family



Dictus Original



Dictus Flex



Dictus Hip-Knee / Hip-Foot



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DICTUS[®]

— The Dictus Band —



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